



# HEARTWOOD



Embracing the Core of  
Horticultural Therapy

CHTA Conference 2024 | October 24-26

## CONFERENCE SCHEDULE

### DAY 1 - THURSDAY OCTOBER 24, 2024 12:00 - 3:00 pm Pacific Time

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| 12:00 - 12:15 pm | Conference Opening & Welcome  |
| 12:15 - 1:15 pm  | Designing Effective Horticultural Therapy Programs:<br>From Assessment to Evaluation<br><b>Presented by Bianca van der Stoel, HTR</b> |
| 1:15 - 1:30 pm   | Break   |
| 1:30 - 1:45 pm   | Be Like a Tree - Interactive Activity<br><b>Presented by Mary Partridge, HTR</b>  |
| 1:45 - 2:30 pm   | Networking Event  |
| 2:30 - 2:50 pm   | BE-LEAF - Mindfulness Activity<br>(bring a leaf!)<br><b>Presented by Cliff Thorbes, HTR</b>   |
| 2:55 - 3:00 pm   | Day 1 Wrap Up   |

*Well with nature*  
*Bien avec la nature*

# DAY 2 - FRIDAY, OCTOBER 25, 2024

9:00 am - 3:00 pm Pacific Time

9:00 - 9:15 am Day 2 Opening & Welcome

9:15 - 10:00 am Evidence-Based Horticultural Therapy Practice  
**Presented by Leanne Idzerda, PhD**

10:00 - 10:15 am Break

10:15 - 10:45 am Growing the Good: A Brief Guided Inquiry  
**Presented by Dawnn Rabinovich Meiers, Psy.D**

10:45 - 11:45 am Deep Wisdom on the Profession of Horticultural Therapy  
**Presented by Candice Shoemaker, PhD**

11:45 am - 12:30 pm Break

12:30 - 1:30 pm Horticultural Therapy & Therapeutic Horticulture: What is  
the Difference & Which is Best?  
**Presented by Leah Diehl, HTM**

1:30 - 1:45 pm Break

1:45 - 2:00 pm Prospect Refuge Theory: Effective Application for  
Military Service Members and Their Families  
**Presented by Peter Keane**

2:00 - 3:00 pm Critical Concepts for Developing Theories of  
Horticulture for Therapy  
**Presented by Diane Relf, PhD**

3:00 pm Day 2 Wrap Up



## DAY 3 - SATURDAY, OCTOBER 26, 2024

9:00 am - 3:30 pm Pacific Time

- 9:00 - 9:15 am Day 3 Opening & Welcome
- 9:15 - 9:30 am A Nature Retreat: The Active Ingredient of Wellbeing  
**Presented by Melissa Scouten**
- 9:30 - 10:30 am Horticultural Therapy: Taking Stock  
The Nature of Nature  
**Presented by Joel Flagler, HTR**
- 10:30 - 10:45 am Break
- 10:45 - 11:05 am Forest Floor Pedestal: A Nature Visualization  
**Presented by Emma Rooney**
- 11:05am - 12:05pm Documentation Strategies to Guide and Improve Your Practice  
**Presented by Barb Kreski, HTR**
- 12:05 - 12:50 pm Break
- 12:50 - 1:50 pm CHTA Annual General Meeting  
**Hosted by Carla Atherton**
- 1:50 - 2:05 pm Break
- 2:05 - 2:20 pm Peeling Layers of Wellness - Interactive Activity  
(bring your onion)  
**Presented by Zuzana Poláčková**
- 2:20 - 2:50 pm New Member Portal Tour  
**Presented by Hannah Glasspoole**
- 2:50 - 3:20 pm Populations vs Person-Centred Care  
**Presented by Amy Petersen, HTR**
- 3:20 - 3:30 pm End of Day 3 and Closing Remarks

